



## CLEVELAND COUNTY WELLNESS COMMITTEE

### MINUTES

FRIDAY, JULY 28, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 28th day of July 2017 in the conference room at 122 E. Eufaula Street by Vice-Chairman Tammy Belinson. Roll was called by Tammy Belinson, County Clerk/Secretary:

**Those present were:** Tammy Belinson, Douglas Warr, John Roberts, Jacob McHughes, Alison Vinson, Brian Wint, Bryan Jenkins and Christina Newburg.

**Those absent were:** Rod Cleveland, George Mauldin, Carrie Welles, Jamie Roye, Leann Clements and Bryant Rains.

**Ex-officio members present:** Linda Atkins, Aley Cristelli, Jennifer Slawson and Jennifer Frank.

After the reading of the minutes of the Regular meeting of **June 30, 2017** and there being no additions or corrections, John Roberts moved, seconded by Jacob McHughes, that the minutes be **approved**.

The ayes have it and the motion is carried.

#### **A. Items of Business:**

1. No discussion regarding the **Employee Health Fair** on September 27, 2017 was had at this time.
2. Update was presented by Alison Vinson on the **Health and Wellness Screenings**. She said some information from Kim was received for tentative dates and has reserved the Commissioner's Meeting Room. Dates are Thursday, September 7, 2017 for the Courthouse and District #2 and then Thursday, August 31, 2017 for District #1 and District #3. She said that everybody that attends the screenings needs Insurance Card or a copy of the front and back of the card.

They will welcome employees and spouses. They will send a list of Health Care Providers that pay 100 % of the screening costs. She asked if everybody has to sign up on-line to attend the screening event to which they said that pre-registration is preferred. It allows their team to properly prepare, but is not required and walk-ins are welcomed. They do not require minimum participation; however, they do pay their employees by the hour and if they go by one hour without seeing someone they do have to go through site call and ask if there is anyone else and if not they will leave. Each health screening includes lipid panel screening – measures total cholesterol, HDL, LDL and triglycerides. Glucose screening – Measures blood sugar levels to assess diabetes risk, Etc.

The employee can choose which blood test they want.

3. Aley Cristelli and Jacob McHughes discussed the review of **TSET policy/procedures book** necessary to acquire TSET funding. Jacob said that the Committee is hosting John Woods, director of TSET, next month. He said they are considering what is necessary to acquire the TSET funding and some of the existing policies match up but some do not. What they are doing now is to go line by line to figure out all the different policies.

Tammy Belinson asked for an overview of the policy.

Aley briefed the committee members on the policies that are in place and the ones that need work.

Jacob said that they have talked about doing a hiking trip and other activities.

4. Report was given by Tammy Belinson on **County Wellness Gym Facility** and stated registered number of user is up. Usage is up slightly. Phase 2 work has begun and is progressing well. Phase 2 includes showers, restrooms, men and women changing areas, along with a dedicated outside entrance from the employee parking lot.

#### **June 2017 Overview**

- Current registered users: 361
- Busiest day: 22
- Total number of users for May: 215
- Reported Injuries: 0

5. **No presentation** from Emergency Management Director regarding Wellness Committee issues at this time.
6. Jennifer Slawson, **Employee Health Clinic**, said that they contributed to the newsletter and provided gift cards for weight loss challenge. Aley Cristelli said they will do gift bags.

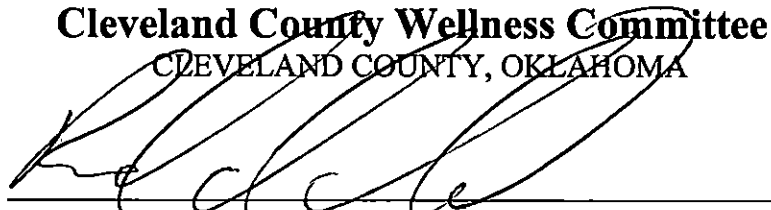
B. There was no **new business** to present at this time.

C. No **Wellness Committee Members** discussion regarding **Business at this time**.


D. There being no further business to come before the Board, John Roberts moved that the meeting be adjourned at 9:27 A.M. Bryan Jenkins seconded the motion.  
The ayes have it and the motion is carried.

(Clerk's Note: Agenda was posted on July 25, 2017 at 11:21 AM)

**Cleveland County Wellness Committee**  
CLEVELAND COUNTY, OKLAHOMA

  
\_\_\_\_\_  
Rod Cleveland, Chairman

**ATTEST:**

  
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Tammy Belinson, County Clerk and Secretary to the Board



Minutes Prepared by:   
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Deputy County Clerk